

Sainsbury's



Frequently Asked Questions: Sainsbury's Active Kids for All Inclusive PE Training Programme

England

What is Sainsbury's Active Kids for All Inclusive PE?

A training initiative designed to improve the quality of PE provision for **all** young people in mainstream schools in the UK. The course has primarily been designed to support teachers in including young disabled people within PE curriculum.

What does the training involve?

The training typically consists of a free 5 hour workshop combining theory, discussion and practical sessions led by expert practitioners, supported by access to additional online resources to aid continued professional development.

Following the training, delegates will be supported to share materials with colleagues via access to an online portal.

How do I find out what workshops are available in my area?

To find a workshop in your area, please visit: www.inclusivepe-eng.co.uk.

How do I organise my own workshop?

If you would like to host your own workshop for which a tutor will be provided for free by the Youth Sport Trust, please contact sarah.bonar@youthsporttrust.org / 01509 226679.

What are the key requirements for hosting my own workshop?

There are a number of requirements that need to be fulfilled in order for a workshop to be viable. Please see the list below:

- **Minimum number of attendees:** 13
- **Recommended maximum number of attendees:** 22 (if you wish to host a workshop for more than 22 individuals, please contact sarah.bonar@youthsporttrust.org)
- **Audience:** Teachers in mainstream schools, trainee teachers, classroom assistants, learning support assistants, special educational needs co-ordinators and school staff.
- **Venue:** The host is responsible for providing a venue for the workshop (we are unable to cover costs). This should be a sports hall or other indoor area where practical activities can take place. The training involves both theory and practical and therefore a suitable learning environment is required with minimal noise interference. Where possible, there should also be the opportunity to show a PowerPoint presentation.
- **Cancellation:** If the workshop has to be cancelled, the tutor and the course organiser are responsible for notifying all individuals attending the training and the Youth Sport Trust.



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I have got more questions about the workshop. Who do I contact?

If you have any questions regarding the Sainsbury's Active Kids for All Inclusive PE workshop then please do not hesitate to contact Sarah at sarah.bonar@youthsporttrust.org / 01509 226679.

