



Inclusive Fitness Equipment



Octane Fitness UK Ltd

Friary Court

13-21 High Street

Guildford

GU1 3DL

Telephone : 07799475366

Email: neil.campbell@octanefitness.com

Website : www.octanefitness.com





2016-2018

Pro 3700 IFI Elliptical Cross Trainer



- The locking mechanism holds the arm handles and foot pedals in place, increasing stability for users stepping to and from the cross trainer.
- Static handles on the machine provide additional stability for the user
- The low step height makes it easy to get on and off the cross trainer
- Raised console iconography, large text, colour coded and tactile buttons, all make it easy to use the Octane Pro 3700 IFI console
- Black handles and foot pedals provide clear colour contrast to the machine's silver frame, so it's clear where hands and feet go

Key Features

Low Step Height



Locking mechanism ensures pedals remain static for ease of access



Clear, colour contrasting console



Choice of rear or side access onto the cross trainer







Inclusive Fitness Accredited Item 2016-2018

XR6000 IFI Seated Cross Trainer



- Total-body, lower-body only or upper-body only workout options
- Longer ellipse motion challenges muscles differently
- 343% more glute activity and users burn 23% more calories compared to a recumbent bike
- Active Seat Position TM accommodates any size user, comfortably opens the torso and maximizes the use of the hip muscles
- Eliminates undesirable joint stress and promotes functional fitness •
- Large, easy to read console
- Safe and effective treatment for a wide range of ability levels

Key Features

Contrast Foot Pedals



Large text, raised iconography, tactile buttons and colour-coding on console



Step through design



Contrast foot pedals and enlarged seat position numbers

