



Easy
Read

activity
alliance

disability
inclusion
sport

Supporting disabled people to take part in sport and physical activity

What the new government must do



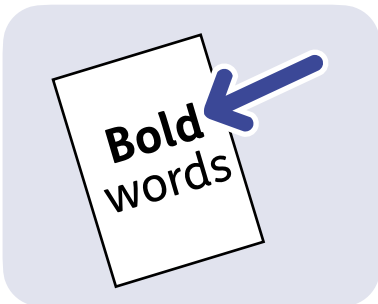
Easy Read



This is an Easy Read version of some hard information. It may not include all of the information but will tell you about the important parts.



This Easy Read information uses easier words and pictures. You may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker.



These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.



Blue and underlined words show links to websites and email addresses. You can click on these links on a computer.

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About this booklet



Activity Alliance is working to support disabled people to take part in **sport and physical activity**.



Sport and physical activity is movement and exercise that keeps your body fit and healthy.



There is going to be a **general election** soon.

A **general election** is when people choose which politicians go to parliament to make decisions for the country.



This means there will be a new government.



In this booklet, we will explain what we want the new government to do.

What we want



We want the new government to help all disabled people take part in sport and physical activity.



The government can do this by:

Protecting benefits



Benefits is money the government gives to some people to help pay for the things they need to live.

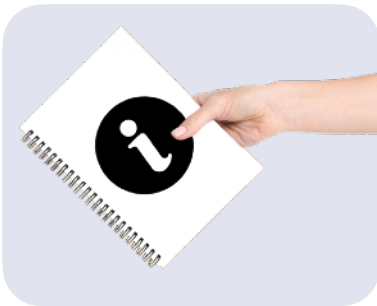


For example, a disabled person might get the Personal Independence Payment benefit.



Sometimes, disabled people are worried that taking part in sport and physical activity will cause them to stop getting their benefits.

The new government must:



- Give disabled people more information about sport and physical activity.



- Support disabled people by telling them it is okay to take part in sport and physical activity.



- Explain to disabled people that they can use their benefits to pay for sport and physical activity if they would like to.

Training healthcare staff



Most of the time, disabled people go to healthcare staff when they need advice about sport and physical activity.



Healthcare staff should support disabled people to take part in sport and physical activity.

To help with this, the new government must:



- Make sure healthcare staff have the right skills and training.



- Make sure healthcare staff have the right information to share with disabled people.



The new government must also help healthcare staff to know more about sport and physical activity in their local area.

Having more accessible outdoor space



Accessible means easy to use and suitable for people with different needs.

When we say outdoor space, we mean:



- Big parks and smaller local parks.



- Sports facilities, like tennis courts and football pitches.



When we say outdoor space we also mean walking and cycling paths.



We think all outdoor spaces should be accessible to disabled people.

To help with this, the new government must:



- Make sure disabled people are thought about when new outdoor spaces are designed and planned.



- Help more disabled people to walk, cycle or wheel.

How politicians can help now



Politicians and their teams can support what we are asking the new government to do.

They can:



- Speak up about how they will do what we have asked if they are voted to be part of the new government.



- Visit a sport event or physical activity in their local area.



- Make sure the information they are sharing is accessible to disabled people.



Politicians can also meet with us to talk about more ways they can improve the lives of disabled people.

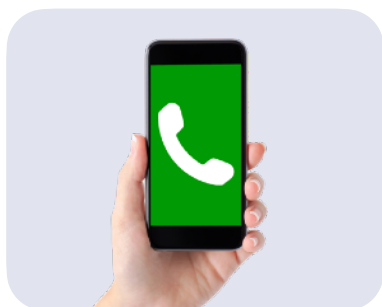
For more information



You can look at our website here:

www.activityalliance.org.uk

If you need more information please contact us by:



- Phone: 0808 175 6991



- Email: info@activityalliance.org.uk

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